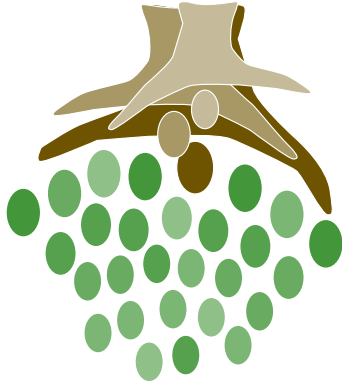


Hilton Springfield • Springfield, Illinois  
700 E. Adams Street, Springfield, Illinois 62701  
October 1-2, 2009  
**15th Annual Statewide Conference**

*A Time for Resilience*  
EMPOWERING FAMILIES AND COMMUNITIES



The State Chapter of Prevent Child Abuse America presents



**Prevent Child Abuse**  
Illinois

528 South 5th St. • Suite 211  
Springfield, IL 62701

NON PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
Springfield, IL  
PERMIT #1075

*Return Service Requested*

## Register Today

Hilton Springfield's Conference Rate of \$70 single or \$85 double expires September 9, 2009. Call 800-445-8667 (217-789-1530) and ask for the Reservation Department and mention "Prevent Child Abuse Illinois" to reserve your room ASAP. You can also register online via the hotel's conference reservation link, which can be found at [www.preventchildabuseillinois.org](http://www.preventchildabuseillinois.org).



*A Time for Resiliency*  
EMPOWERING FAMILIES AND COMMUNITIES

# 15th Annual Statewide Conference



**Prevent Child Abuse**  
Illinois

## Conference Sponsors Include:

**Illinois Department of Children and Family Services**

**Illinois Department of Human Services**

**Illinois Violence Prevention Authority**

**Children's Advocacy Centers of Illinois**

**Illinois Attorney General's Office**

**The Ounce of Prevention Fund**

**Voices for Illinois Children**

# 2009 Conference at a Glance

## Thursday, October 1, 2009

- 7:30 a.m. – 9:00 a.m. Registration/Continental Breakfast
- 9:00 a.m. – 11:00 a.m. Welcome, Conference Comments and Keynote
- Larry McCallum, President – PCA Illinois
  - Roy Harley, Executive Director – PCA Illinois
  - **Keynote Speaker: Mervlyn K. Kitashima, Parent Coordinator – Kamehameha Schools, Hawaii**
- “No More Children at Risk – Children at Promise”
- 11:00 a.m. – 11:15 a.m. Break
- 11:15 a.m. – 12:30 p.m. Workshop Series A
- (8 Breakout Sessions)
- 12:45 p.m. – 2:45 p.m. Annual Awards Luncheon
- **Luncheon Speaker: Bryan Specht, Founder of The Awful Grace Project ([awfulgrace.org](http://awfulgrace.org)) and National Board Member, PCA America**
  - “Awful Grace: Resiliency, Wisdom and the Hope of Prevention”
  - Friend of Children Award(s)
- 3:00 p.m. – 4:15 p.m. Workshop Series B
- (8 Breakout Sessions)
- 4:15 p.m. – 4:30 p.m. Break
- 4:30 p.m. – 5:45 p.m. **Plenary Speaker: Brian Ogawa, Ph.D., Chair Washburn University Human Services Department**
- “Diversity Issues in Child Resiliency”
- 6:00 p.m. – 7:45 p.m. An Evening of Casual Dining and Motivation
- “How to Stay Energized in a Changing World”
- Greg Risberg, Open Arms Seminars**

## Friday, October 2, 2009

- 7:30 a.m. – 8:00 a.m. Continental Breakfast
- 8:00 a.m. – 9:30 a.m. **Plenary Speaker: King Davis, Ph.D., Professor University of Texas at Austin School of Social Work**
- “The End of the First Decade of the 21st Century: What Did We Learn About Resilience, Families, Prevention, Systems and Public Policy?”
- 9:30 a.m. – 9:45 a.m. Break
- 9:45 a.m. – 11:00 a.m. Workshop Series C
- (8 Breakout Sessions)
- 11:15 a.m. – 12:45 p.m. **Keynote Speaker: Mervlyn K. Kitashima, Parent Coordinator – Kamehameha Schools, Hawaii**
- “Resilience ... You Can Make a Difference”
- 12:45 p.m. Closing Remarks

# About the General Sessions



## Mervlyn K. Kitashima

Parent Coordinator, Kamehameha Schools  
Thursday, October 1, 9:00 – 11:00 a.m.

### “No More Children at Risk– Children at Promise”

Mervlyn Kitashima, a participant in Emmy Werner’s groundbreaking, “Kauai Longitudinal Study on Resilience” will share a very personal account of the factors that contributed to her ability to overcome the odds. Emphasis throughout the keynote will be on the possibilities, potential and promise possessed by every child, even in the face of adversity. During the keynote presentation, participants will be introduced to the groundbreaking “resiliency” research that is currently at the core of many prevention and educational programs. In addition, participants will be introduced to the protective factors that have been proven to positively affect children and families at-risk, and will understand their role in fostering positive change in children and families at-risk. At the end of the presentation, it is Ms. Kitashima’s hope that participants will begin to view all children as children of promise and potential, not “children at risk.”



## Bryan Specht

Founder, The Awful Grace Project ([awfulgrace.org](http://awfulgrace.org)) and PCA America National Board Member  
Thursday, October 1,  
Awards Luncheon 12:45 – 2:45 pm

### “Awful Grace: Resiliency, Wisdom and the Hope of Prevention”

A victim of abuse is given a choice they never asked for: embrace the cycle of abuse and self-destruction or discover the power of resiliency and wisdom. But what if that choice never had to be made? The greatest wisdom is knowing and acting in ways that never force someone ... especially a child ... to learn to be resilient in the face of such extreme adversity. What lessons can we learn from survivors and thrivers that can actually enable us to prevent abuse from occurring? What’s preventing our society from making the choices to embrace and implement prevention on a comprehensive scale? Do we have the wisdom?

Bryan Specht survived extensive abuse and incest as a child, later battling addictions and disorders that stemmed from those experiences. Following treatment, he began advocating for mental health parity and family causes. He eventually worked in the House, Senate and at the White House, including helping to negotiate the reauthorization of VAWA in 2000. Bryan was nominated to the World Economic Forum’s Young Global Leader’s Forum in 2006. Today, he is a crisis and communications consultant, activist, writer and, most importantly, husband and father.

## About the General Sessions (cont.)



### Dr. Brian Ogawa

Thursday, October 1, 4:30 – 5:45 p.m.

#### **“Diversity Issues in Child Resiliency”**

Family diversity, particularly related to ethnicity, is an emergent reality in the American population. All cultures have traditions and approaches that promote healing and recovery from trauma and violence. This plenary presentation will highlight how children can benefit from the

resiliency supports of their cultural heritage. Highlights will include adaptive values in family life, the role of the extended family, and social group care of children. The primary focus of this presentation will be on intercultural respect and incorporation by providers for assisting all children.

Dr. Brian Ogawa is chair of the Human Services Department at Washburn University. Dr. Ogawa received the National Crime Victim Service Award, presented by the President in ceremonies at the White House. He has been director of the Crime Victims' Institute, Office of the Texas Attorney General, director of the National Academy for Victim Studies, Department of Criminal Justice, University of North Texas, and a counselor in private practice. Dr. Ogawa has presented numerous lectures and workshops internationally on a variety of topics, including human trafficking, domestic violence, child victimization, and the transcultural and holistic approaches to victim trauma. Dr. Ogawa is the author of the books, *Walking on Eggshells*, which describes Morita therapy for women in or leaving an abusive relationship, *To Tell The Truth*, which was written to assist children through the criminal justice system, *Color of Justice, Second Edition*, the landmark study on minority victimization, and *A River to Live By: The 12 Life Principles of Morita Therapy*.



### Greg Risberg

Thursday, October 1, 6:00 – 7:45 p.m.  
Dinner and Program

#### **“How to Stay Energized in a Changing World”**

This dinner presentation is one that every conference attendee should plan to attend. Changes in organizations and increasing work demands multiplies stress. In this program, Greg Risberg presents useful ideas on how to

reduce stress and relax under pressure. Participants will learn how to communicate more effectively, use humor as a stress-reliever, change negative self-talk, and boost their self-care strategies. They will also learn how to achieve more balance in their lives.

Greg Risberg, CSP, MSW, is a warm, funny motivational speaker whose presentations have been described as “hilariously informative.” As a professional speaker for the past 20 years, Greg has traveled to 49 states, as well as Canada, Great Britain, and Australia with his “humor with a message” programs. Greg is a member of the National Speakers Association which awarded him their highest earned designation of “Certified Speaking Professional.” Greg is the author of the recently released, *52 Bright Ideas to Bring More Humor, Hugs, and Hope Into Your Life!*



### King Davis, Ph.D.

Friday, October 2, 8:00 – 9:30 a.m.

#### **“The End of the First Decade of the 21st Century: What Did We Learn About Resilience, Families, Prevention, Systems and Public Policy?”**

This plenary address will identify a series of interrelated national and state events that chronicle and mark the first decade of the new century. These events will be examined

in relationship to their importance to families, children, systems, communities, and public policies. Using a combination of path analysis, social construction, and “nudge” principles, the address will critically assess and challenge what we have learned across systems and disciplines as a prelude for determining and prescribing what new and bold but practical directions must be charted in the forthcoming second decade of the new century.

King Davis was the executive director of the Hogg Foundation for Mental Health from 2003 to 2008. He holds the Robert Lee Sutherland Chair in Mental Health and Social Policy at the University of Texas at Austin and was a professor of public mental health policy and planning at the Virginia Commonwealth University from 1984 to 2000. Dr. Davis received his doctorate from the Florence G. Heller School for Social Policy and Management at Brandeis University, Boston, Mass. Dr. Davis served as commissioner of the Virginia department of mental health, mental retardation and substance abuse services from 1990 to 1994 in the Douglas Wilder administration.



### Mervlyn K. Kitashima

Parent Coordinator, Kamehameha Schools  
Friday, October 2, 11:15 a.m. – 12:45 p.m.

#### **“Resilience ... You Can Make a Difference”**

Resilience can be defined as the capacity to spring back, rebound, successfully adapt in the face of adversity, and develop social competence despite exposure to severe stress. The closing conference keynote

presentation will focus on the how to's of resilience. The session will take a closer look at the Kauai Longitudinal Study on Resilience and the protective factors that have been proven by research to make a difference in the lives of “at promise” children and youth.

# Workshop Schedule

KEY: ★ HOMEVISITING TRACK

Thursday, October 1, 2009

**A-1 Child Sexual Predators –  
Registration and Control**

*Robert Lay, Parole Supervisor –  
Sex Offender Supervision Unit,  
Illinois Department of Corrections*

This workshop will cover the development of the Sex Offender Supervision Unit of the Illinois Department of Corrections, the unit's goals and some of its successes and failures. The presentation will also briefly touch on the U.S. Marshal's Sex Offender Investigation Branch, fugitive sex offenders and the Adam Walsh case. Workshop participants will better understand the supervision of sex offenders and will learn how proper registration and control will improve public safety.

**A-2 Strategies for Working With Fathers**

*Vander Green, Fatherhood and Healthy  
Marriage Specialist – U.S. Department  
of Health and Human Services – ACF*

This workshop will focus on the importance of father involvement in the lives of children and the roles and responsibilities of fathers. Participants will be given strategies to help fathers understand how children develop and what to expect at different stages of development. The workshop will also provide participants with strategies to assist fathers with developing and maintaining healthy relationships with their children.

**A-3 Understanding and Treating Children  
With Psychological Trauma**

*Rob Lusk, Ph.D., Clinical Director –  
The Baby Fold*

Because there are many different approaches to understanding and treating child trauma, it is difficult for professionals to know how to conceptualize and treat trauma victims. This presentation will provide an understandable overview of the emerging neurodevelopmental perspective on child trauma. This perspective provides a unifying way of understanding and treating trauma using a variety of treatment modalities based on the child's neurodevelopmental level. This presentation will also review what happens to the brain when children experience severe trauma, as well as review the basic principles of trauma treatment.

**A-4 Rise of Family Advocacy Centers**

*Arthur Bishop, Deputy Director, Division  
of Field Operations – Illinois DCFS*

*Felicia Blasingame, Ed.D.,  
President/CEO – South Central  
Community Services*

The Illinois Department of Children and Family Services' priority is to reunite children with their families whenever possible. Research suggests that children do better in school and in life when they stay with their own parents, even under difficult circumstances. While removing kids from their parents may be necessary to increase short-term safety, it can jeopardize longer-term well-being by setting children on trajectories toward other, negative outcomes. To this end, DCFS has established Family Advocacy Centers. The Centers are community-based groups that provide parents with the support and encouragement they need to follow through on the goals that will allow them to regain custody of their children. This workshop will provide an overview of the Family Advocacy Centers that have been developed throughout the state of Illinois. In addition, participants will be given an in-depth look into the work, collaboration and process of a storied community-based agency in Chicago (South Central Community Services) in the development and start-up of a Family Advocacy Center from the ground floor.

**A-5 Advocacy: Everyone's Responsibility**

*Angela Halvorson, Owner/President –  
TopLine Professional Strategies, LLC*

Do the words *advocacy*, *appropriations*, *general assembly* and *legislature* seem like dirty words to you? Do you feel as if what happens in Springfield is beyond your understanding? Do you find yourself saying, "I just want to work with kids – advocacy is not part of my job description"? Do you think that what your elected officials do is beyond your control? If you answered yes to any of these questions, then this workshop is for you. At a time when social service budgets are being cut, devastating local programs, it is more important than ever for everyone with a stake in these issues to stand up and educate their legislators. If you do not educate your local legislators and other policy makers, who will? It's up to us to convey the message to our elected officials. This workshop will define the difference between lobbying and advocacy, and provide participants with information on how to contact their legislators, write letters, express their views and get their voices heard on issues important to the work they do. Participants will be provided with handouts and examples of letters and other information that is helpful in understanding grassroots advocacy efforts.

**A-6 Bullying and Sexual Violence Among  
Youth: Patterns and Prevention  
Strategies**

*Dorothy Espelage, Ph.D. – Professor and  
University Scholar/Associate Chair –  
University of Illinois Department of  
Educational Psychology, Child  
Development Division*

Results from a federally funded longitudinal study designed to assess overlaps of risk and protective factors of bullying and sexual violence victimization-perpetration will be presented during this workshop. Twelve hundred middle school students completed surveys assessing attitudes and behaviors associated with bullying and sexual violence victimization/perpetration, and measures of risk (anger) and protective factors (empathy). Results will be presented as it relates to individual- and group-level (peers, families, schools) intervention.

**★A-7 The ABCs of Advocacy: A Home  
Visitor's Important Role as Advocate  
for Young Children in Illinois**

*Bridget Schank, Policy Associate II –  
Ounce of Prevention Fund*

*Becky Beifuss, Executive Director – Teen  
Parent Connection*

Early childhood advocacy is entering a new century and the role of home visitors is more important than ever. With great successes for investments in preschool under our belts, the new focus is on the first three years of life and the most effective interventions that will help prepare children for success in school and life. This interactive and informative session will help participants learn more about the new phase of early childhood advocacy, the current messaging about why we need to invest in the first three years of life, and the necessary skills for being a strong advocate for young children and their families.

**★A-8 Empowering Families to Achieve  
Healthy Weights**

*Stephanie Bess, WIC/Nutrition Services  
Coordinator – Illinois Department of  
Human Services*

This workshop will cover current information on the causes of overweight and obesity. Issues addressed will include how weight status should be assessed, and what can be done to address the problem in a safe, family-oriented way. Workshop participants will have opportunities to discuss these methods and how they fit into one's daily work with families.

# Workshop Schedule (cont.)

## **B-1 Holistic Wellbeing for Children and Families**

*Brian Ogawa, Ph.D., Human Services Department Chair – Washburn University*

This workshop will present the major themes of holistic wellbeing as they apply to multidimensional intervention and treatment of child abuse and domestic violence. How should children be fully nurtured in their growth and families supported in their ability to thrive? Case examples and practical applications will be discussed. The workshop will be interactive and experiential.

## **B-2 Why Words Matter: The Science of Storytelling and How We Speak About Prevention**

*Ben Tanzer, Senior Director of Strategic Communications – Prevent Child Abuse America*

*Bryan Specht, Senior Vice President – Dig Communications*

The field of prevention has spent many years talking about “fixing families.” We are now looking to change the conversation to one focused on supporting communities. We are also asking new questions as well. How do people think about prevention, assuming they think about it at all? And how should we talk to them about prevention? This workshop will look to answer these questions and highlight the key elements of this new conversation by drawing on research that Prevent Child Abuse America has been engaged in for the last several years around communications, framing and messaging.

## **B-3 Economic Crisis: Funding Program Development in a Fiscal Fallout**

*Angela Halvorson, Owner/President – TopLine Professional Strategies, LLC*

Even in the best of economic times, there never seems to be enough money to serve all the clients who rely on community-based agencies for basic and critical services. During difficult economic times, it can feel almost impossible to “grow” programs when you feel like you are just trying to make ends meet (e.g., pay staff, serve clients and keep the doors open). But the strongest programs are those that can plan for fiscal downturns and can set themselves apart by diversifying revenue streams and by seeking other ways to fund services. Grant writing is one way many organizations have found to diversify their funding and create organizational stability while meeting the needs of the communities and populations they serve. Successful organizations don’t just write a grant, they identify a need and implement a plan to address a problem. Whether you go with the “Do-it-Yourself” method or you hire a professional grant writer, solid prep work and

strategic thinking will help build the foundation of a good plan and result in a grant application that will make it through the initial review and have a greater chance of being funded. This workshop will discuss the importance of strategic thinking and program planning before it is time to sit down and write a grant. Participants will also learn about the important steps necessary in good grant writing and where to go to locate potential funding sources.

## **B-4 Illinois Violent Death Reporting System**

*Kathleen Monahan, Project Director – Illinois Violent Death Reporting System*

Illinois is the only state to implement a violent death reporting system without CDC funding. This workshop will describe the history of the Illinois Violent Death Reporting System and the methods used to collect the data. In addition, the most recent data will be shared with attendees. Because the Illinois Violent Death Reporting System looks at homicides and undetermined deaths, the project will be of interest to child abuse prevention professionals.

## **B-5 Methamphetamine Is a Treatable Disorder: Results From a Collaborative Federal Demonstration Between Substance Abuse and Child Welfare Providers**

*Sam Gillespie, AOD Services Administrator – Illinois DCFS Service Intervention Division*

*Wendy S. Bailie, Director, Substance Abuse Services – The H Group*

*Shane Koch, PhD, Associate Professor and Director of Addiction Studies – Southern Illinois University Rehabilitation Institute*

This workshop will report on the encouraging results from a methamphetamine-specific treatment program that targeted clients involved in the child welfare system using an evidence-based practice, the Matrix Model. Principal investigators of this CSAT-funded three-year project will present the significant findings of this project. Workshop participants will gain a better understanding of methamphetamine treatment principles, an understanding of evidenced-based treatment for methamphetamine, and an awareness of successful outcomes for implementing meth treatment in a rural setting.

## **B-6 Cyberbullying and Online Predators and Grooming**

*Michael Sullivan, Deputy Chief of Investigations – Office of the Illinois Attorney General*

*Sarah Migas, Internet Safety Specialist – Office of the Illinois Attorney General*

The Internet is an incredible resource for children today. Unfortunately, there are many risks involved when kids explore the online world. Thirty-year law enforcement veteran Deputy Chief Michael Sullivan and Internet Safety Specialist Sarah Migas will discuss how adults can help kids make safer choices when they are online. Specifically, Ms. Migas will address cyberbullying, and Deputy Chief Deputy Sullivan will focus on online child sex exploitation.

## **\*B-7 Partnering With Fathers: Using Activities on Home Visits to Promote Early Learning and Relationships**

*Severiana Mueller, Prevention Initiative Supervisor – Mental Health Center of Champaign County*

*Dorys Salcedo, Bilingual Infant/Parent Educator – Mental Health Center of Champaign County*

*Michelle Styan, Infant/Parent Educator – Mental Health Center of Champaign County*

Fathers are important partners in raising a child. An essential element of interaction is the father’s ability to play with his baby in a positive and meaningful way. This leads to early learning and increased bonding between the father and his child. The Prevention Initiative Program has developed a series of activities and learning experiences designed to help fathers build positive relationships with their children. Home visitors use the home visit as the learning environment for the delivery of age-appropriate activities that facilitate father-child relationships and promote their child’s development. Videotapes of home visits with fathers will be presented.

## **\*B-8 Motivational Interviewing and the Home Visitor: One Way to Enhance Our Ability to Help**

*Ronald Kanwischer, Assistant Professor of Psychiatry – Southern Illinois University School of Medicine*

Motivation level has been found to be a significant predictor of behavior change. One of the most formidable challenges facing helpers today is how to inspire clients to change self-defeating behaviors. There may be times, in fact, when styles of interaction or the systems we create actually discourage change in people. This training is designed to teach concepts

# Workshop Schedule (cont.)

and techniques of motivational interviewing, an evidence-based style of interaction, which can enhance change in individuals and has applications in addiction, mental health, medical treatments and home visitation.

Friday, October 2, 2009

## **C-1 From Violence and Destruction to Resilience and Rebuilding**

*Kelli Underwood, LCSW, Director of Child and Family Programs – Center for Contextual Change*

Nothing could be clearer in society today than the detrimental effects that violence has on the destruction of families and communities. This workshop will teach specific skills in working with violence in the family, skills that can be used in cases of spousal abuse, child abuse and other forms of abuse in the family. This workshop will also assist participants in assessing the risk of violence. Most importantly, the experience will help therapists develop a positive and energized attitude about working with families impacted by violence. You will learn how to help your clients find resilience and rebuild their lives. This will be done through didactic video presentation and dialogue.

## **C-2 Breaking the Link Between Mental Illness and Child Abuse**

*King Davis, Ph.D., Professor and Robert Lee Southerland Chair in Mental Health and Social Policy – School of Social Work at The University of Texas at Austin*

In this workshop, Dr. Davis will identify and describe the link between mental illness and abuse and prescribe strategies for breaking the linkages. Participants will be given brief exercises designed to help them identify barriers and adopt strategies that have proven successful.

## **C-3 Child Abuse Prevention Coalitions: A Collaborative Response to Prevention Efforts**

*Tamara Guy, Prevention Specialist – Prevent Child Abuse Illinois*

*Jaylene Taubert, Family Resource Advisor – Heartland Head Start*

*Dionne Otto, Doula/Healthy Start – Children's Home and Aid*

Child abuse prevention coalitions provide an effective way to impact lasting change throughout communities and the state. Through this collaborative response, each coalition has access to members who bring together their level of expertise and experience that help identify, enhance, and address current child abuse prevention needs without duplicating services or supports. During

this workshop, participants will have the opportunity to gain an understanding of the art of true collaboration and the benefits of enhancing child abuse prevention efforts on a local level. This workshop will also guide participants through the steps associated with developing and/or enhancing child abuse prevention coalitions and will provide them with the opportunity to reflect on the action steps they can make to support this effort.

## **C-4 Teenage Suicide Prevention Strategies**

*Carol Wozniowski, Executive Director – Mental Health America of Illinois*

*Ariel Mindel, Program Director of Public Education – Mental Health America of Illinois*

This workshop will provide participants with an overview of suicide, with a specific focus on teen suicide, the third leading cause of death for young people aged 15 to 24 years old. For all age groups, suicide outnumbers deaths by homicide and drunk driving, respectively, by over 40 percent. Suicide is a leading public health problem that needs to be addressed by youth and adults in an intentional way through education and community partnership. Workshop participants will learn how they can contribute to helping prevent youth suicides within their communities by gaining the knowledge and skills to effectively identify those at-risk, and take the appropriate and necessary steps to help link suicidal individuals to treatment services.

## **C-5 Family Homeless in Illinois**

*Christine C. George, Assistant Research Professor – Loyola University, Chicago, Center for Urban Research and Learning*

This workshop will include a review of national and local literature and will highlight preliminary findings from the first round of interviews conducted in the summer of 2009 with homeless families in Chicago as part of the evaluation of Chicago's Plan to End Homelessness. Participants will be briefed about Family Homeless in Illinois, its scope and the patterns of occurrence. In addition, the workshop will include a guided discussion with all participants regarding the impact of Family Homeless on their work and its implications for the delivery of services to families within Illinois communities.

## **C-6 Love Is Not Enough Partner Café: Taking Care of Yourself**

*Lina Cramer, Senior Consultant – Strengthening Families Illinois*

*Letechia Holmes, Parent Engagement Manager – Strengthening Families Illinois*

At the "Taking Care of Yourself" Partner Café, professionals will get the opportunity to participate in a demonstration of a Love Is Not Enough Parent Café. In a Love Is Not Enough Parent Café, parents participate in intimate conversations led and facilitated by other parents and discuss what it means for them to keep their families strong. An intimate "café" setting is created and throughout the workshop participants have one-on-one dyads with each other, moving around different tables discussing three questions that contribute to parents building protective factors that help them to stay strong. For the Taking Care of Yourself theme, workshop participants will share their own experiences while learning from others at the table about being strong and flexible, having healthy friendships, and recognizing that everyone needs help sometimes.

## **\*C-7 Home Visiting Roundtable Discussion**

*Elaine Duensing, HFI Associate – Strengthening Families Illinois*

This workshop will be an interactive discussion regarding current trends in home visiting program management. There will be a set agenda including statewide updates and specific topic areas suggested by home visiting program managers. Workshop participants will discover from one another some of the challenges and barriers for effective program management and how to address these concerns.

## **\*C-8 Relationship-based Skills for Conflict Resolution**

*Patti Torchia, Training Operations and Resource Specialist – Illinois Birth to Three Institute*

When two or more persons' differences escalate to a level that negatively affects productivity, quality, service, morale or working relationships, they are experiencing conflict. While there are many factors impacting stress levels in today's home visiting organizations, the end result is the same – increased potential for conflict. Conflict can never be completely eliminated from our workplace, but we can learn to approach it in a way that minimizes the damage to our relationships. This workshop will help participants identify the signs of growing conflict and methods for effectively addressing it in a way that will help maintain and even strengthen relationships.

# General Conference Information

## Who Should Attend?

Social workers, teachers, health care professionals, administrators, law enforcement and court personnel, mental health professionals, prevention workers, substance abuse counselors, parents, adoptive/foster parents, home visitors, and community volunteers.

## Fees

Conference registration is \$189 if prepaid registration is postmarked by September 17, 2009. After September 17, the conference registration is \$219. *Space is limited, so early registration is advised.* The registration fee covers conference materials, plenary sessions, workshops, lunch and sit-down dinner (where a cash bar will be available) on October 1 and breakfast on October 2.

## Parking

Parking is available at the hotel at a cost of fifty cents per hour or \$8 per 24-hour parking permit. Conference attendees will be responsible for their own parking.

## Refunds

Requests for refunds made in writing prior to September 10, 2009, will be subject to a \$50 processing fee. **No refunds will be given after September 10.**

## CEUs

Continuing Education Units (CEUs) for social workers, licensed clinical professional counselors, and marriage and family therapists will be available for conference participants through Northern Illinois University. All participants will receive a certificate with CEUs awarded for attendance. **1.1 TOTAL CEUs (11 contact hours) will be awarded for Social Workers, Licensed**

## Clinical Professional Counselors, and Marriage and Family Therapists for the entire conference.

(Thursday is 0.7 CEUs, or 7 contact hours, and Friday is 0.4 CEUs, or 4 contact hours.)

**To be awarded CEUs for the conference you must sign in each day you attend. Sign-in for Thursday can only be done on Thursday and sign-in for Friday can only be done on Friday, while the registration area is open. There will be no exceptions.** Sign-in sheets will be located near the registration area.

## Lodging

All conference events will be held at the Hilton Springfield, Springfield, Illinois. A block of sleeping rooms has been reserved **until September 9, 2009.** Telephone: **217-789-1530** or **1-800-445-8667**

\$70 Single, plus tax	Check-in time: 3:00 p.m.
\$85 Double, plus tax	Check-out time: Noon

Participants must make their own hotel reservations. To receive this special rate, please mention that you are attending the Prevent Child Abuse 2009 Conference. After September 9, rooms at this special rate will be on a space-available basis. Hilton Springfield is in compliance with ADA regulations.

## DCFS

A limited number of DCFS prepaid conference registrations for staff, foster caregivers and adoptive parents are available. DCFS staff, DCFS foster caregivers and adoptive parents who wish to register for the PCA Illinois Conference should contact the DCFS Training Unit, at **877-800-3393** or by e-mail at **TrainingREG@illinois.gov**. DCFS staff should submit their travel expenses on their travel voucher.

## Registration Form – Event #10311

Payment must accompany mailed registration

Designated DCFS employees should call the DCFS Training Unit at 877-800-3393 for a special registration form.

Name (as you wish it to appear on your conference badge)

Agency/Company

Position

Address

City/State/ZIP

Phone

Fax

E-mail

### Please check one:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> DCFS Staff Member | <input type="checkbox"/> DCFS Foster/Adoptive Parent     | <input type="checkbox"/> Private Agency, Please Name: _____ |
| <input type="checkbox"/> LANS Co-convener  | <input type="checkbox"/> PCA Illinois Board of Directors | <input type="checkbox"/> Other, Please Describe: _____      |
| <input type="checkbox"/> Scan Committee    | <input type="checkbox"/> CAP Coalition Member            |   |
| <input type="checkbox"/> DHS Staff Member  |  |   |

### Registration:

- \$189 (by September 17)       \$219 (after September 17)

### Check appropriate payment:

- |  |   |                                     |   |   |
|--|---|-------------------------------------|---|---|
| <input type="checkbox"/> Check – <b>Made payable to NIU</b>  | <input type="checkbox"/> Purchase Order | <input type="checkbox"/> Voucher    | Agency/Organization FEIN #: _____ (required with P.O. or voucher) |   |
| <input type="checkbox"/> Credit Card (check appropriate box) | <input type="checkbox"/> Visa           | <input type="checkbox"/> MasterCard | <input type="checkbox"/> Discover                                 | <input type="checkbox"/> American Express |

### MUST complete the following for credit card registration applicants:

Credit Card Number

Expiration Date

Cardholder's Name

Signature (as it appears on the credit card)

Please note: Credit card charge will appear as NIU Outreach, DeKalb, IL.

Seating in conference workshops will be on a first-come, first-served basis. When room maximums are reached, conference attendees should select a different workshop for that series. All meeting rooms are non-smoking. Meeting room temperatures may vary, please plan accordingly.

### Mail this completed form to:

Registration • Outreach Education & Training • Northern Illinois University • DeKalb, IL 60115  
Fax: 815-753-6900 • Telephone: 815-753-7922 • [outreachregistration@niu.edu](mailto:outreachregistration@niu.edu)  
Online Registration (credit card only) is available at [www.preventchildabuseillinois.org](http://www.preventchildabuseillinois.org).