

WATER SAFETY
COLORING BOOK



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HI KIDS!

My name is Davey the Dolphin and I'm here to remind you about the importance of staying safe when you are in or near water.

Use this coloring book as a fun way to remember these important water safety rules:

- Never go near water without an adult there to watch you.
- Learn how to swim.
- Always swim with a buddy.
- Never run, push, or jump on others around water.
- Never dive into shallow water. It's safest to jump in feet first.
- Always wear a U.S. Coast Guard approved life jacket when you are in or near an open body of water, a boat, or when participating in water sports.
- Inflatable inner tubes and "water wings" are not safety devices.

A special note to parents:

A small child can drown in as little as ONE INCH of water, and in the time it takes to step away from the pool or bathtub to answer a telephone. You can prevent a tragic drowning by supervising your children when they are in or near water.

**Get water wise...
SUPERVISE!**

Get water wise...SUPERVISE! is a collaboration between the Illinois Department of Children and Family Services, Prevent Child Abuse Illinois, American Red Cross, Illinois Department of Public Health, and other community partners. For more information, call 217/785-0429.

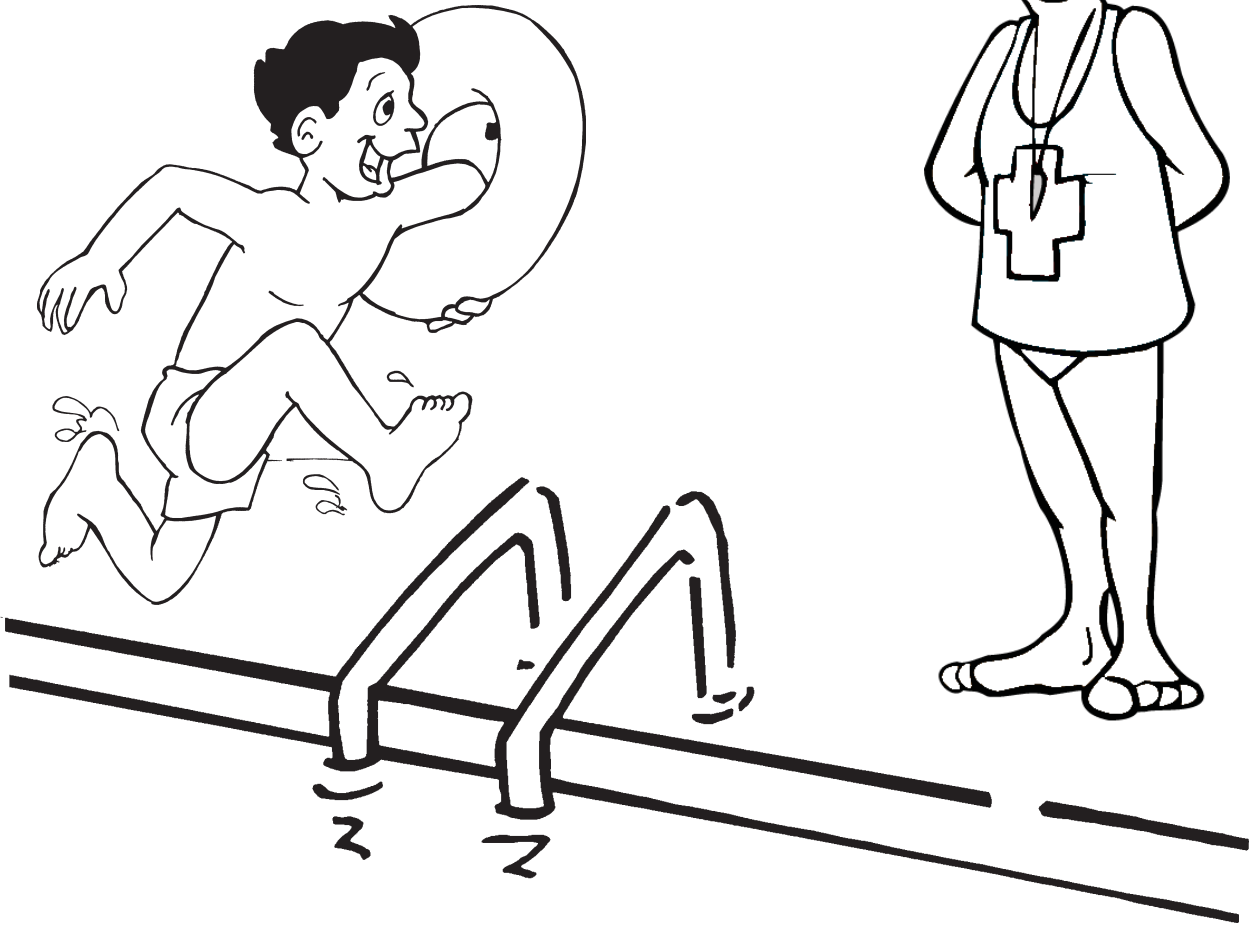


Never go near water without an adult there to watch you. This is especially important when you are taking a bath!

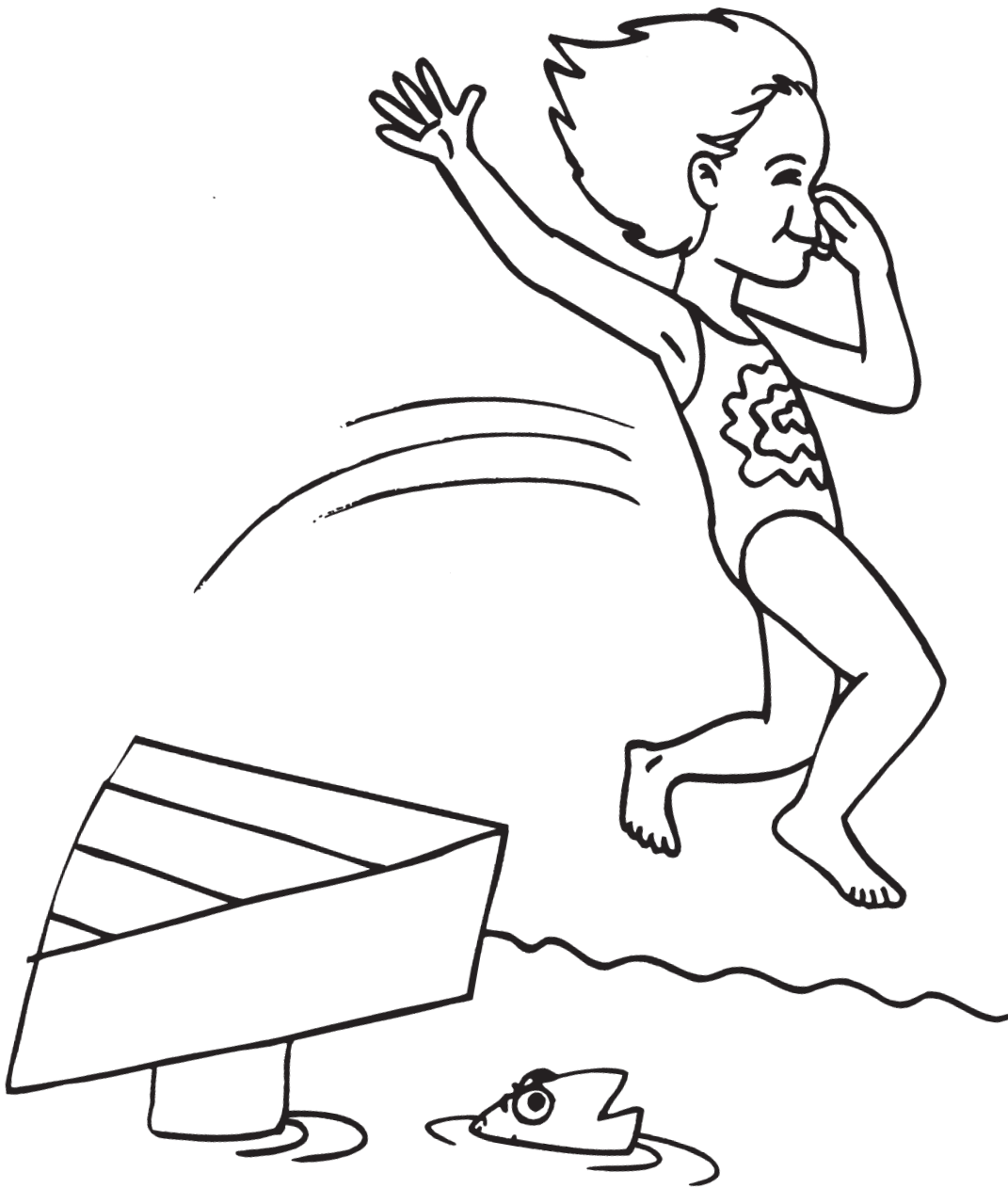


Learn how to swim, and always swim with a buddy.

NO
RUNNING!



Never run, push, or jump on others around water.



Never dive into shallow water. It's safest to jump in feet first.



Always wear a U.S. Coast Guard approved life jacket when you are in or near a lake, river or stream, riding in a boat, or when participating in water sports.

REMEMBER: Inflatable inner tubes and "water wings" are not safety devices.

Get water wise... **SUPERVISE!**

Kids throughout Illinois love to spend time in swimming pools, lakes, and "kiddie" pools for fun and relief from the heat. But don't forget that children are quick and curious, and should be supervised at all times in or near water. In 2005, there were 24 accidental drowning deaths in Illinois. Education and adult supervision could have prevented these deaths. Please use the following safety tips to help protect children from water-related tragedy.

Swimming pools:

- Keep ladders, patio furniture and toys away from above-ground pools. Toddlers are better climbers than you might think!
- Fence in pool and lock the gate. Pool safety covers and alarms provide added protection.
- Young children should wear or use personal flotation devices, but remember that these devices do not replace adult supervision. They could deflate or slip from underneath a child, leaving him in a dangerous situation.
- Remind babysitters and other caretakers not to leave children unattended near or in water.
- Appoint an adult who can swim to watch kids during pool parties.
- Learn CPR and keep rescue equipment, a telephone and emergency numbers near all pools. Seconds count when it comes to preventing death or serious injury.

Baby pools:

- Don't be lulled into a false sense of security because of the shallowness of baby pools. Did you know that a small child could drown in as little as one inch of water? Children should always be supervised when they are in a baby pool.
- Empty the pool immediately after use and store it upside-down.

Bathtubs:

- NEVER leave a young child alone in a bathtub or allow children to play alone in bathrooms.
- Don't rely on a bathtub seat for safety.



Buckets:

- Remember that five-gallon buckets of water pose a threat to babies and toddlers who may topple into them while playing, leaving them unable to free themselves.
- Empty and store all buckets out of children's reach.